# Supplement to Log-Concave Sampling

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#### Abstract

This document contains supplementary material to the book [Che24] which was omitted for space.

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### **1** Supplement to Chapter 2

#### 1.1 Proof of Marton's tensorization

We recall the statement and then give a proof.

**Theorem 1.1** (Marton's tensorization [Mar96]). Let  $\mathcal{X}_1, \ldots, \mathcal{X}_N$  be Polish spaces equipped with probability measures  $\pi_1, \ldots, \pi_N$  respectively. Let  $\mathcal{X} := \mathcal{X}_1 \times \cdots \times \mathcal{X}_N$  be equipped with the product measure  $\pi := \pi_1 \otimes \cdots \otimes \pi_N$ .

Let  $\varphi : [0, \infty) \to [0, \infty)$  be convex and for  $i \in [N]$ , let  $c_i : \mathcal{X}_i \times \mathcal{X}_i \to [0, \infty)$  be a lower semicontinuous cost function. Suppose that

$$\inf_{\gamma_i \in \mathcal{C}(\pi_i, v_i)} \varphi \left( \int c_i \, \mathrm{d} \gamma_i \right) \le 2\sigma^2 \, \mathrm{KL}(v_i \parallel \pi_i) \,, \qquad \forall v_i \in \mathcal{P}(\mathcal{X}_i) \,, \, \forall i \in [N] \,.$$

Then, it holds that

$$\inf_{\gamma \in \mathbb{C}(\pi, \nu)} \sum_{i=1}^{N} \varphi \left( \int c_i(x_i, y_i) \, \gamma(\mathrm{d} x_{1:N}, \mathrm{d} y_{1:N}) \right) \leq 2\sigma^2 \, \mathsf{KL}(\nu \parallel \pi) \,, \qquad \forall \nu \in \mathcal{P}(\mathcal{X}) \,.$$

*Proof.* The proof goes by induction on N, with N = 1 being trivial. So, assume that the result is true in dimension N, and let us prove it for dimension N + 1.

Let  $v \in \mathcal{P}(\mathcal{X}) = \mathcal{P}(\mathcal{X}_1 \times \cdots \times \mathcal{X}_{N+1})$ , let  $v_{1:N}$  denote its  $\mathcal{X}_1 \times \cdots \times \mathcal{X}_N$  marginal, and let  $v_{N+1|1:N}$  denote the corresponding conditional kernel (and similarly for  $\pi$ ). Let K denote the set of conditional kernels  $y_{1:N} \mapsto \gamma_{N+1|1:N}(\cdot | y_{1:N})$  such that for  $v_{1:N}$ -a.e.  $y_{1:N} \in \mathcal{X}_1 \times \cdots \times \mathcal{X}_N$ , it holds that  $\gamma_{N+1|1:N}(\cdot | y_{1:N}) \in \mathcal{C}(\pi_{N+1}, v_{N+1|1:N}(\cdot | y_{1:N}))$ . Instead of minimizing over all  $\gamma \in \mathcal{C}(\pi, \nu)$ , we can minimize over couplings  $\gamma$  such that for all bounded  $f \in C(\mathcal{X} \times \mathcal{X})$ ,

$$\int f \, \mathrm{d} \gamma = \int \left( \int f(x_{1:N+1}, y_{1:N+1}) \, \gamma_{N+1|1:N}(\mathrm{d} x_{N+1}, \mathrm{d} y_{N+1} \mid y_{1:N}) \right) \gamma_{1:N}(\mathrm{d} x_{1:N}, \mathrm{d} y_{1:N}) \,,$$

for some  $\gamma_{1:N} \in \mathcal{C}(\pi_{1:N}, \nu_{1:N})$  and  $\gamma_{N+1|1:N} \in K$ .<sup>1</sup> Thus,

$$\inf_{\gamma \in \mathcal{C}(\pi,\nu)} \sum_{i=1}^{N+1} \varphi \left( \int c_i(x_i, y_i) \gamma(\mathrm{d} x_{1:N+1}, \mathrm{d} y_{1:N+1}) \right)$$

<sup>&</sup>lt;sup>1</sup>Suppose N = 2 and  $(X_1, X_2) \sim \pi$  and  $(Y_1, Y_2) \sim \nu$ . Observe that a general coupling  $p \in C(\pi, \nu)$  factorizes as  $p(x_1, x_2, y_1, y_2) = p_{X_1}(x_1) p_{X_2}(x_2) p_{Y_1, Y_2 \mid X_1, X_2}(y_1, y_2 \mid x_1, x_2)$ . In contrast, we are restricting to couplings of the form  $p(x_1, x_2, y_1, y_2) = p_{X_1}(x_1) p_{Y_1|X_1}(y_1 \mid x_1) p_{X_2}(x_2) p_{Y_2|X_2, Y_1}(y_2 \mid x_2, y_1)$ .

$$\leq \inf_{\substack{\gamma_{1:N} \in \mathcal{C}(\pi_{1:N}, \nu_{1:N})}} \left\{ \sum_{i=1}^{N} \varphi \left( \int c_{i}(x_{i}, y_{i}) \gamma_{1:N}(dx_{1:N}, dy_{1:N}) \right) + \inf_{\substack{\gamma_{N+1}|_{1:N} \in \mathsf{K}}} \varphi \left( \int \left( \int c_{N+1} d\gamma_{N+1}|_{1:N}(\cdot \mid y_{1:N}) \right) \gamma_{1:N}(dx_{1:N}, dy_{1:N}) \right) \right\}$$

$$\leq \inf_{\substack{\gamma_{1:N} \in \mathcal{C}(\pi_{1:N}, \nu_{1:N})}} \left\{ \sum_{i=1}^{N} \varphi \left( \int c_{i}(x_{i}, y_{i}) \gamma_{1:N}(dx_{1:N}, dy_{1:N}) \right) + \inf_{\substack{\gamma_{N+1}|_{1:N} \in \mathsf{K}}} \int \varphi \left( \int c_{N+1} d\gamma_{N+1}|_{1:N}(\cdot \mid y_{1:N}) \right) \gamma_{1:N}(dx_{1:N}, dy_{1:N}) \right\}.$$

Then, after checking that the integrands are indeed measurable,

$$\begin{split} \inf_{\gamma_{N+1|1:N}\in\mathsf{K}} \int \varphi \left( \int c_{N+1} \, \mathrm{d}\gamma_{N+1|1:N}(\cdot \mid y_{1:N}) \right) \gamma_{1:N}(\mathrm{d}x_{1:N}, \mathrm{d}y_{1:N}) \\ &= \int \inf_{\gamma_{N+1|1:N}\in\mathscr{C}(\pi_{N+1}, \nu_{N+1|1:N}(\cdot \mid y_{1:N}))} \varphi \left( \int c_{N+1} \, \mathrm{d}\gamma_{N+1|1:N}(\cdot \mid y_{1:N}) \right) \gamma_{1:N}(\mathrm{d}x_{1:N}, \mathrm{d}y_{1:N}) \\ &\leq 2\sigma^2 \int \mathsf{KL}(\nu_{N+1|1:N}(\cdot \mid y_{1:N}) \parallel \pi_{N+1}) \gamma_{1:N}(\mathrm{d}x_{1:N}, \mathrm{d}y_{1:N}) \\ &= 2\sigma^2 \int \mathsf{KL}(\nu_{N+1|1:N}(\cdot \mid y_{1:N}) \parallel \pi_{N+1}) \nu_{1:N}(\mathrm{d}y_{1:N}), \end{split}$$

where we used the assumption. On the other hand, the inductive hypothesis is

$$\inf_{\gamma_{1:N} \in \mathcal{C}(\pi_{1:N}, \nu_{1:N})} \sum_{i=1}^{N} \varphi \left( \int c_i(x_i, y_i) \gamma_{1:N}(\mathrm{d}x_{1:N}, \mathrm{d}y_{1:N}) \right) \le 2\sigma^2 \operatorname{KL}(\nu_{1:N} \parallel \pi_{1:N})$$

The chain rule for the KL divergence yields

$$\mathsf{KL}(v \parallel \pi) = \mathsf{KL}(v_{1:N} \parallel \pi_{1:N}) + \int \mathsf{KL}(v_{N+1|1:N}(\cdot \mid y_{1:N}) \parallel \pi_{N+1}) v_{1:N}(\mathrm{d}y_{1:N}) \,.$$

Therefore, we have proven

$$\inf_{\gamma \in \mathbb{C}(\pi,\nu)} \sum_{i=1}^{N+1} \varphi \left( \int c_i(x_i, y_i) \, \gamma(\mathrm{d}x_{1:N+1}, \mathrm{d}y_{1:N+1}) \right) \le 2\sigma^2 \, \mathrm{KL}(\nu \parallel \pi) \,. \qquad \Box$$

The preceding proof is supposed to be a straightforward proof by induction, but it is rather cumbersome to write out precisely.

As an application of the tensorization principle, we will examine the tensorization properties of the  $T_1$  inequality.

**Example 1.1** (tensorization of  $T_1$ ). We will use the cost  $c_i = d_i$ , where  $d_i$  is a lower semicontinuous metric on  $\mathcal{X}_i$ , and we take the convex function  $\varphi(x) := x^2$ . Suppose that for each  $i \in [N]$ , the measure  $\pi_i \in \mathcal{P}(\mathcal{X})$  satisfies the  $T_1$  inequality

$$W_1^2(v_i, \pi_i) \le 2\sigma^2 \operatorname{KL}(v_i \parallel \pi_i), \qquad \forall v_i \in \mathcal{P}(\mathfrak{X}_i).$$

Let  $\pi := \pi_1 \otimes \cdots \otimes \pi_N$  be the product measure and let  $\nu \in \mathcal{P}(\mathcal{X}_1 \times \cdots \times \mathcal{X}_N)$ . Suppose also that  $\alpha_1, \ldots, \alpha_N > 0$  are numbers with  $\sum_{i=1}^N \alpha_i^2 = 1$ . Then, Marton's tensorization (Theorem 1.1) yields

$$2\sigma^{2} \operatorname{KL}(\nu \parallel \pi) \geq \left(\sum_{i=1}^{N} \alpha_{i}^{2}\right) \inf_{\gamma \in \mathcal{C}(\pi,\nu)} \sum_{i=1}^{N} \left(\int d_{i}(x_{i}, y_{i}) \gamma(dx_{1:N}, dy_{1:N})\right)^{2}$$
$$\geq \inf_{\gamma \in \mathcal{C}(\pi,\nu)} \left(\int \sum_{i=1}^{N} \alpha_{i} d_{i}(x_{i}, y_{i}) \gamma(dx_{1:N}, dy_{1:N})\right)^{2},$$

where we used the Cauchy–Schwarz inequality. This is a T<sub>1</sub> inequality for the weighted distance  $d_{\alpha}(x_{1:N}, y_{1:N}) \coloneqq \sum_{i=1}^{N} \alpha_i d_i(x_i, y_i)$ .

Together with results from \$1.2.3, this tensorization result is already powerful enough to recover the bounded differences concentration inequality (see Exercise 1.3), but it is not fully satisfactory as it yields a transport inequality for a weighted metric. On the other hand, we recall that Marton's argument shows that the  $T_2$  inequality *does* tensorize. This is explored further in \$1.3.

### **1.2** Concentration of measure

Here, we expand on the relationship between functional inequalities and concentration of measure. Recall that we work on a Polish space (that is, a complete separable metric space)  $(\mathfrak{X}, \mathsf{d})$  unless otherwise stated.

#### 1.2.1 Equivalence between the mean and the median

Some statements regarding concentration are more easily phrased in terms of concentration around the median rather than around the mean. The following result shows that, up to numerical constants, the mean and the median are equivalent. To state the result in generality, we introduce the idea of an Orlicz norm. **Definition 1.1** (Orlicz norm). If  $\psi : [0, \infty) \to [0, \infty)$  is a convex strictly increasing function with  $\psi(0) = 0$  and  $\psi(x) \to \infty$  as  $x \to \infty$ , then it is an **Orlicz function**.

For a real-valued random variable X, its **Orlicz norm** is defined to be

$$\|X\|_{\psi} \coloneqq \inf\left\{t > 0 \mid \mathbb{E}\psi\left(\frac{|X|}{t}\right) \le 1\right\}$$

Examples of Orlicz functions include  $\psi(x) = x^p$  for  $p \ge 1$ , for which the corresponding Orlicz norm is the  $L^p(\mathbb{P})$  norm, and  $\psi_2(x) \coloneqq \exp(x^2) - 1$  for which the Orlicz norm  $||X||_{\psi_2}$  captures the sub-Gaussianity of X.

**Lemma 1.1** (mean and median [Mil09]). Let  $\psi$  be an Orlicz function and let *X* be a real-valued random variable. Then,

$$\frac{1}{2} \|X - \mathbb{E}X\|_{\psi} \le \|X - \text{med}\,X\|_{\psi} \le 3 \,\|X - \mathbb{E}X\|_{\psi}.$$

*Proof.* We can assume that X is not constant; from the properties of Orlicz functions,  $\psi^{-1}(t)$  is well-defined for any t > 0. Then,

$$\begin{aligned} \|X - \mathbb{E}X\|_{\psi} &\leq \|X - \operatorname{med}X\|_{\psi} + \|\operatorname{med}X - \mathbb{E}X\|_{\psi} \\ &= \|X - \operatorname{med}X\|_{\psi} + |\operatorname{med}X - \mathbb{E}X| \|1\|_{\psi} \\ &\leq \|X - \operatorname{med}X\|_{\psi} + \mathbb{E}|X - \operatorname{med}X| \|1\|_{\psi}. \end{aligned}$$

Since

$$\mathbb{E}\psi\Big(\frac{|X-\operatorname{med} X|}{\mathbb{E}|X-\operatorname{med} X|\|1\|_{\psi}}\Big) \ge \psi\Big(\frac{\mathbb{E}|X-\operatorname{med} X|}{\mathbb{E}|X-\operatorname{med} X|\|1\|_{\psi}}\Big) = \psi\Big(\frac{1}{\|1\|_{\psi}}\Big) = 1,$$

it implies  $\mathbb{E}|X - \operatorname{med} X| \|1\|_{\psi} \le \|X - \operatorname{med} X\|_{\psi}$ .

Next, assume that  $\operatorname{med} X \ge \mathbb{E} X$  (or else replace X by -X). Then,

$$\frac{1}{2} \leq \mathbb{P}\{X \geq \text{med}\,X\} \leq \mathbb{P}\{|X - \mathbb{E}\,X| \geq \text{med}\,X - \mathbb{E}\,X\}$$
$$\leq \frac{1}{\psi((\text{med}\,X - \mathbb{E}\,X)/\|X - \mathbb{E}\,X\|_{\psi})},$$

so that

$$|\operatorname{med} X - \mathbb{E} X| \le \psi^{-1}(2) ||X - \mathbb{E} X||_{\psi}.$$

Therefore,

 $||X - \text{med } X||_{\psi} \le ||X - \mathbb{E} X||_{\psi} + ||\mathbb{E} X - \text{med } X||_{\psi} \le (1 + ||1||_{\psi} \psi^{-1}(2)) ||X - \mathbb{E} X||_{\psi}$ . Note, however, that  $||1||_{\psi} = 1/\psi^{-1}(1)$ . Since  $\psi(\psi^{-1}(2)/2) \le 1$  by convexity (and the property  $\psi(0) = 0$ ), it implies  $\psi^{-1}(2) \le 2\psi^{-1}(1)$ , and we obtain the result.

#### 1.2.2 The Herbst argument

In this section, we specialize to the case where  $(\mathfrak{X}, \mathsf{d})$  is the Euclidean space  $\mathbb{R}^d$ .

To put it succinctly, the idea of the Herbst argument is to apply functional inequalities, such as the Poincaré inequality or the log-Sobolev inequality, to the moment-generating function of a 1-Lipschitz function  $f : \mathbb{R}^d \to \mathbb{R}$  in order to deduce a concentration inequality for f. We illustrate this with the log-Sobolev inequality, which implies, for any  $\lambda \in \mathbb{R}$ ,

$$\operatorname{ent}_{\pi} \exp(\lambda f) \leq 2C_{\operatorname{LSI}} \mathbb{E}_{\pi} \left[ \left\| \frac{\lambda \exp(\lambda f/2)}{2} \nabla f \right\|^{2} \right] = \frac{C_{\operatorname{LSI}} \lambda^{2}}{2} \mathbb{E}_{\pi} \left[ \exp(\lambda f) \left\| \nabla f \right\|^{2} \right] \\ \leq \frac{C_{\operatorname{LSI}} \lambda^{2}}{2} \mathbb{E}_{\pi} \exp(\lambda f) .$$

$$(1.1)$$

The next lemma shows how to apply this inequality.

Lemma 1.2 (Herbst argument). Suppose that a random variable X satisfies

ent 
$$\exp(\lambda X) \le \frac{\lambda^2 \sigma^2}{2} \mathbb{E} \exp(\lambda X)$$
 for all  $\lambda \ge 0$ .

Then, it holds that

$$\mathbb{E}\exp\{\lambda\left(X-\mathbb{E}X\right)\} \le \exp\frac{\lambda^2\sigma^2}{2} \qquad \text{for all } \lambda \ge 0 \,.$$

In particular, via a standard Chernoff inequality,

$$\mathbb{P}\{X \ge \mathbb{E}X + t\} \le \exp\left(-\frac{t^2}{2\sigma^2}\right) \qquad \text{for all } t \ge 0$$

*Proof.* Let  $\tau(\lambda) := \lambda^{-1} \ln \mathbb{E} \exp\{\lambda (X - \mathbb{E}X)\}\)$ . We leave it to the reader to check the calculus identity

$$\tau'(\lambda) = \frac{1}{\lambda^2} \frac{\operatorname{ent} \exp(\lambda X)}{\mathbb{E} \exp(\lambda X)}.$$
(1.2)

Since  $\tau(\lambda) \to 0$  as  $\lambda \searrow 0$ , the assumption of the lemma yields  $\tau(\lambda) \le \lambda \sigma^2/2$ .

The calculation in (1.1) shows that the assumption of the Herbst argument is satisfied for *all* 1-Lipschitz functions f, with  $\sigma^2 = C_{LSI}$ . Hence, we deduce a concentration inequality for Lipschitz functions, which we formally state in the next theorem together with the corresponding result under a Poincaré inequality. **Theorem 1.2.** Let  $\pi \in \mathcal{P}(\mathbb{R}^d)$ , and let  $f : \mathbb{R}^d \to \mathbb{R}$  be a 1-Lipschitz function.

1. If  $\pi$  satisfies a Poincaré inequality with constant  $C_{\text{Pl}}$ , then for all  $t \ge 0$ ,

$$\pi\{f - \mathbb{E}_{\pi} f \ge t\} \le 3 \exp\left(-\frac{t}{\sqrt{C_{\mathsf{PI}}}}\right).$$

2. If  $\pi$  satisfies a log-Sobolev inequality with constant  $C_{\text{LSI}}$ , then for all  $t \ge 0$ ,

$$\pi\{f - \mathbb{E}_{\pi} f \ge t\} \le \exp\left(-\frac{t^2}{2C_{\mathsf{LSI}}}\right).$$

The Poincaré case is left as Exercise 1.1.

#### 1.2.3 Transport inequalities and concentration

Next, we show that a  $T_1$  transport inequality is equivalent to sub-Gaussian concentration of Lipschitz functions, which was proven by Bobkov and Götze. The proof shows that in a sense, the two statements are dual to each other.

**Theorem 1.3** (Bobkov–Götze [BG99]). Let  $\pi \in \mathcal{P}_1(\mathcal{X})$ . The following are equivalent.

1. The function *f* is  $\sigma^2$ -sub-Gaussian with respect to  $\pi$ , in the sense that

$$\mathbb{E}_{\pi} \exp\{\lambda \left(f - \mathbb{E}_{\pi} f\right)\} \le \exp\frac{\lambda^2 \sigma^2}{2} \qquad \text{for all } \lambda \in \mathbb{R},$$

for every 1-Lipschitz function  $f : \mathcal{X} \to \mathbb{R}$ .

2. The measure  $\pi$  satisfies  $T_1(\sigma^2)$ .

*Proof.* Let  $Lip_1(\mathcal{X})$  denote the space of 1-Lipschitz and mean-zero functions on  $\mathcal{X}$ . Lipschitz concentration can be stated as

$$\sup_{\lambda \in \mathbb{R}} \sup_{f \in \operatorname{Lip}_{1}(\mathfrak{X})} \left\{ \ln \int \exp(\lambda f) \, \mathrm{d}\pi - \frac{\lambda^{2} \sigma^{2}}{2} \right\} \leq 0 \, .$$

By Donsker-Varadhan duality, this is equivalent to

$$\sup_{\lambda \in \mathbb{R}} \sup_{f \in \operatorname{Lip}_{1}(\mathcal{X})} \sup_{\nu \in \mathcal{P}(\mathcal{X})} \left\{ \lambda \left( \int f \, \mathrm{d}\nu - \int f \, \mathrm{d}\pi \right) - \operatorname{KL}(\nu \parallel \pi) - \frac{\lambda^{2} \sigma^{2}}{2} \right\} \leq 0,$$

where we recall that  $\int f d\pi = 0$  for  $f \in \text{Lip}_1(\mathcal{X})$ . If we first evaluate the supremum over  $\lambda \in \mathbb{R}$ , then we obtain the statement

$$\sup_{f \in \operatorname{Lip}_{1}(\mathfrak{X})} \sup_{\nu \in \mathcal{P}(\mathfrak{X})} \left\{ \frac{1}{2\sigma^{2}} \left( \int f \, \mathrm{d}\nu - \int f \, \mathrm{d}\pi \right)^{2} - \operatorname{KL}(\nu \parallel \pi) \right\} \leq 0,$$

If we next evaluate the supremum over functions  $f \in \text{Lip}_1(\mathfrak{X})$  using the Kantorovich duality formula for  $W_1$ , we obtain

$$\sup_{\nu \in \mathcal{P}(\mathfrak{X})} \left\{ \frac{W_1^2(\nu, \pi)}{2\sigma^2} - \mathsf{KL}(\nu \parallel \pi) \right\} \le 0,$$

which is the  $T_1$  inequality.

Using the fact that the  $W_1$  distance for the trivial metric  $d(x, y) = \mathbb{1}\{x \neq y\}$  coincides with the TV distance<sup>2</sup>, the Bobkov–Götze theorem implies that two classical inequalities in probability theory, Hoeffding's inequality and Pinsker's inequality, are in fact equivalent to each other (see Exercise 1.2).

Although the  $T_1$  inequality implies sub-Gaussian concentration for *all* Lipschitz functions, it is in fact equivalent to sub-Gaussian concentration of a single function, the distance function  $d(\cdot, x_0)$  for some  $x_0 \in \mathcal{X}$ . The next theorem is not used often because the quantitative dependence of the equivalence can be crude, but it is worth knowing. A proof can be found in, e.g., [BV05].

**Theorem 1.4.** Let  $\pi \in \mathcal{P}_1(\mathcal{X})$  and  $x_0 \in \mathcal{X}$ . The following are equivalent:

- 1.  $\pi$  satisfies a T<sub>1</sub> inequality.
- 2. There exists c > 0 such that  $\mathbb{E}_{\pi} \exp(c \operatorname{d}(\cdot, x_0)^2) < \infty$ .

Transport inequalities offer a flexible and powerful method for characterizing and proving concentration inequalities, as we will see in the next section. Before doing so, however, we wish to also demonstrate how concentration of measure, formulated via blow-up of sets, can be deduced directly from a  $T_1$  inequality.

Suppose that  $T_1(\sigma^2)$  holds, i.e.,

$$W_1^2(\mu, \pi) \le 2\sigma^2 \operatorname{KL}(\mu \parallel \pi) \quad \text{for all } \mu \in \mathcal{P}_1(\mathfrak{X}), \ \mu \ll \pi.$$

<sup>&</sup>lt;sup>2</sup>One has to be slightly careful since for the trivial metric,  $(\mathfrak{X}, \mathsf{d})$  is usually not separable.

For any disjoint sets *A*, *B*, with  $\pi(A) \pi(B) > 0$ , if we let  $\pi(\cdot | A)$  (resp.  $\pi(\cdot | B)$ ) denote the distribution  $\pi$  conditioned on *A* (resp. *B*), then

$$d(A, B) \leq W_1(\pi(\cdot \mid A), \pi(\cdot \mid B)) \leq W_1(\pi(\cdot \mid A), \pi) + W_1(\pi(\cdot \mid B), \pi)$$
$$\leq \sqrt{2\sigma^2 \operatorname{KL}(\pi(\cdot \mid A) \parallel \pi)} + \sqrt{2\sigma^2 \operatorname{KL}(\pi(\cdot \mid B) \parallel \pi)}$$

However,

$$\mathsf{KL}\big(\pi(\cdot \mid A) \parallel \pi\big) = \int_A \frac{\pi(\mathrm{d}x)}{\pi(A)} \ln \frac{1}{\pi(A)} = \ln \frac{1}{\pi(A)},$$

so that

$$\mathsf{d}(A,B) \le \sqrt{2\sigma^2 \ln \frac{1}{\pi(A)}} + \sqrt{2\sigma^2 \ln \frac{1}{\pi(B)}}$$

In particular, if we take  $B = (A^{\varepsilon})^{c}$  where  $\pi(A) \ge \frac{1}{2}$ , then  $d(A, B) \ge \varepsilon$ . Hence, for all  $\varepsilon \ge 2\sqrt{2\sigma^{2} \ln 2}$ , it holds that  $\frac{\varepsilon}{2} \le \sqrt{2\sigma^{2} \ln \frac{1}{\pi(B)}}$ , or

$$\pi((A^{\varepsilon})^{c}) \le \exp(-\frac{\varepsilon^{2}}{8\sigma^{2}}) \qquad \text{for all } \varepsilon \ge \sqrt{8\ln 2} \,\sigma \,. \tag{1.3}$$

#### 1.3 Tensorization and Gozlan's theorem

Our goal is now to investigate the relationship between concentration and tensorization. Although results like the Bobkov–Götze theorem (Theorem 1.3) provide us with powerful tools to establish concentration results, so far there is nothing inherently *high-dimensional* about these phenomena.

Indeed, to discuss dimensionality, we should move to the product space  $\mathcal{X}^N$  and ask when concentration results can hold *independently* of *N*. If such a statement holds, then the concentration inequality typically becomes stronger<sup>3</sup> as *N* becomes larger.

For instance, when  $\mathfrak{X} = \mathbb{R}$ , then we know that the Poincaré and log-Sobolev inequalities both tensorize: if they hold for  $\pi \in \mathcal{P}(\mathbb{R})$  with a constant *C*, then they also hold for  $\pi^{\otimes N} \in \mathcal{P}(\mathbb{R}^N)$  with the *same* constant *C*. Since these inequalities imply powerful concentration results (Theorem 1.2), they yield examples of genuinely high-dimensional concentration.

For transport inequalities, the tensorization for the  $T_1$  inequality is unsatisfactory in the sense that once we equip  $\mathcal{X}^N$  with the product metric  $d(x_{1:N}, x'_{1:N})^2 := \sum_{i=1}^N d(x_i, x'_i)^2$ ,

<sup>&</sup>lt;sup>3</sup>Here, the word "stronger" is not precisely defined but it means something akin to "more useful" or "produces more surprising consequences".

the validity of  $T_1(C)$  for  $\pi \in \mathcal{P}(\mathcal{X})$  does *not* imply the validity of  $T_1(C)$  for  $\pi^{\otimes N} \in \mathcal{P}(\mathcal{X}^N)$  with the same constant *C*. In fact, from Example 1.1, we expect that the  $T_1$  constant for  $\pi^{\otimes N}$  can grow as  $\sqrt{N}$ . On the other hand, Marton's tensorization (Theorem 1.1) shows that the  $T_2$  inequality tensorizes. Since the  $T_2$  inequality on  $\mathcal{X}^N$  implies the  $T_1$  inequality on  $\mathcal{X}^N$  (trivially), it in turn implies high-dimensional concentration via the Bobkov–Götze equivalence (Theorem 1.3).

In this section, we prove the surprising fact that high-dimensional concentration is actually *equivalent* to the  $T_2$  inequality, in a sense that we shall make precise shortly.

First, we need a few preliminary results, which we shall not prove. The first one is a straightforward technical lemma (see Exercise 1.4).

**Lemma 1.3.** Let  $\pi \in \mathcal{P}_2(\mathfrak{X})$ .

- 1. The mapping  $(x_1, \ldots, x_N) \mapsto W_2(N^{-1} \sum_{i=1}^N \delta_{x_i}, \pi)$  is  $N^{-1/2}$ -Lipschitz.
- 2. (Wasserstein law of large numbers) Suppose that  $(X_i)_{i=1}^{\infty} \stackrel{i.i.d.}{\sim} \pi$ , and that for some  $x_0 \in \mathcal{X}$  and some  $\varepsilon > 0$ , it holds that  $\mathbb{E}[\mathsf{d}(x_0, X_1)^{2+\varepsilon}] < \infty$ . Then,

$$\mathbb{E} W_2 \big( \frac{1}{N} \sum_{i=1}^N \delta_{X_i}, \pi \big) \to 0 \qquad \text{as } N \to \infty$$

The second result, Sanov's theorem, is a foundational theorem from large deviations. Although Sanov's theorem is of fundamental importance in its own right, it would take us too far afield to develop large deviations theory here, so we invoke it as a black box.

**Theorem 1.5** (Sanov's theorem). Let  $(X_i)_{i=1}^{\infty} \stackrel{\text{i.i.d.}}{\sim} \pi$  and let  $\pi_N := N^{-1} \sum_{i=1}^N \delta_{X_i}$  denote the empirical measure. Then, for any Borel set  $A \subseteq \mathcal{P}(\mathcal{X})$ , it holds that

$$-\inf_{\inf A} \mathsf{KL}(\cdot \parallel \pi) \leq \liminf_{N \to \infty} \frac{1}{N} \ln \mathbb{P}\{\pi_N \in A\}$$
$$\leq \limsup_{N \to \infty} \frac{1}{N} \ln \mathbb{P}\{\pi_N \in A\} \leq -\inf_{\overline{A}} \mathsf{KL}(\cdot \parallel \pi) + \frac{1}{N} \ln \mathbb{P}\{\pi_N \in A\}$$

We are now ready to establish the equivalence.

**Theorem 1.6** (Gozlan). The measure  $\pi \in \mathcal{P}_2(\mathcal{X})$  satisfies  $\mathsf{T}_2(\sigma^2)$  if and only if for all  $N \in \mathbb{N}^+$  and all 1-Lipschitz  $f : \mathcal{X}^N \to \mathbb{R}$ , the centered function  $f - \mathbb{E}_{\pi^{\otimes N}} f$  is  $\sigma^2$ -sub-Gaussian under  $\pi^{\otimes N}$ .

*Proof.* It remains to prove the converse implication. Fix t > 0 and apply the assumption statement to the  $N^{-1/2}$ -Lipschitz function  $(x_1, \ldots, x_N) \mapsto W_2(N^{-1} \sum_{i=1}^N \delta_{x_i}, \pi)$ . It implies

$$\mathbb{P}\{W_2(\pi_N,\pi) > t\} \le \exp\left(-\frac{N\left\{t - \mathbb{E}\,W_2(\pi_N,\pi)\right\}^2}{2\sigma^2}\right),\,$$

where  $\pi_N := N^{-1} \sum_{i=1}^N \delta_{X_i}$ , with  $(X_i)_{i \in \mathbb{N}^+} \stackrel{\text{i.i.d.}}{\sim} \pi$ . On the other hand, the lower semicontinuity of  $W_2$  implies that  $\{v \in \mathcal{P}(\mathcal{X}) \mid W_2(\mu, v) > t\}$  is open. By Sanov's theorem (Theorem 1.5), we obtain

$$-\inf\{\mathsf{KL}(\nu \parallel \pi) \mid W_2(\nu, \pi) > t\} \le \liminf_{N \to \infty} \frac{1}{N} \ln \mathbb{P}\{W_2(\pi_N, \pi) > t\}$$
$$\le -\limsup_{N \to \infty} \frac{\{t - \mathbb{E} W_2(\pi_N, \pi)\}^2}{2\sigma^2} = -\frac{t^2}{2\sigma^2}$$

where the last inequality comes from the Wasserstein law of large numbers (our assumption implies that  $\pi$  has sub-Gaussian tails, which in particular means  $\mathbb{E}[d(x, X_1)^p] < \infty$  for any  $x \in \mathcal{X}$  and any  $p \ge 1$ ).

We have proven that  $W_2(\nu, \pi) > t$  implies  $KL(\nu \parallel \pi) \ge t^2/(2\sigma^2)$ , which is seen to be equivalent to the  $T_2$  inequality.

Observe in particular that this theorem implies the Otto–Villani theorem: due to tensorization and the Herbst argument (Lemma 1.2), a log-Sobolev inequality implies high-dimensional sub-Gaussian concentration of Lipschitz functions, which by Gözlan's theorem is equivalent to a  $T_2$  inequality.

#### **1.4** Metric measure spaces

#### **1.4.1** Metric geometry

We now depart from the setting of smooth manifolds and consider metric spaces ( $\mathfrak{X}$ , d).

**Definition 1.2** (length). Given a continuous curve  $\gamma : [0, 1] \rightarrow \mathcal{X}$ , we define the **length** of  $\gamma$  to be

$$\operatorname{len} \gamma \coloneqq \sup \left\{ \sum_{i=1}^n \mathsf{d} \big( \gamma(t_i), \gamma(t_{i-1}) \big) \ \middle| \ 0 \le t_0 < t_1 < \cdots < t_n \le 1 \right\}.$$

We can check that this definition agrees with the usual notion of length on  $\mathbb{R}^d$ . By the triangle inequality, if  $\gamma(0) = p$  and  $\gamma(1) = q$ , then  $d(p, q) \leq \text{len } \gamma$ .

**Definition 1.3.** We say that  $(\mathcal{X}, d)$  is a **geodesic space** if for all  $p, q \in \mathcal{X}$ , there is a constant-speed curve  $\gamma : [0, 1] \to \mathcal{X}$  such that  $\gamma(0) = p, \gamma(1) = q$ , and  $d(p, q) = \operatorname{len} \gamma$ . Here, "constant speed" implies that for all  $s, t \in [0, 1]$ ,

$$d(\gamma(s), \gamma(t)) = |s - t| d(p, q).$$

The curve *y* is called the **geodesic** joining *p* to *q*.

Geodesic spaces are a broader class of spaces than Riemannian manifolds. In particular, they do not have to have a smooth structure, and they can have "kinks". For example, the Wasserstein space ( $\mathcal{P}_{2,ac}(\mathbb{R}^d), W_2$ ) is not truly a Riemannian manifold, as it is infinitedimensional (along with other issues, e.g., it is not locally homeomorphic to a Hilbert space), but it is a geodesic space. The study of geodesic spaces is called **metric geometry**, and a comprehensive treatment of this subject can be found in [BBI01].

There is a way to generalize the idea of a uniform bound on the sectional curvature to the setting of geodesic spaces. It is based on comparing the sizes of triangles in  $\mathcal{X}$  with the corresponding sizes in a model space.

**Definition 1.4** (model space). Let  $\kappa \in \mathbb{R}$ . The **model space**  $\mathbb{M}^2_{\kappa}$  of curvature  $\kappa$  is the standard two-dimensional Riemannian manifold with constant sectional curvature equal to  $\kappa$ , that is:

- 1. the hyperbolic plane  $\mathbb{H}^2$  of curvature  $\kappa$  (that is, the usual hyperbolic plane but with metric rescaled by  $1/\sqrt{-\kappa}$ ) if  $\kappa < 0$ ;
- 2. the Euclidean plane  $\mathbb{R}^2$  if  $\kappa = 0$ ;
- 3. the rescaled sphere  $\mathbb{S}^2/\sqrt{\kappa}$  if  $\kappa > 0$ .

**Definition 1.5** (Alexandrov curvature). Let  $(\mathcal{X}, d)$  be a geodesic space and let  $\kappa \in \mathbb{R}$ . We say that  $(\mathcal{X}, d)$  has **Alexandrov curvature bounded from below by**  $\kappa$  (resp. **from above by**  $\kappa$ ) if the following holds. For any triple of points  $a, b, c \in \mathcal{X}$ , and any corresponding triple of points  $\bar{a}, \bar{b}, \bar{c}$  in the model space  $\mathbb{M}^2_{\kappa}$  such that

$$d(a,b) = d(\bar{a},b), \qquad d(a,c) = d(\bar{a},\bar{c}), \qquad d(b,c) = d(b,\bar{c}),$$

for any  $p \in \mathcal{X}$  in the geodesic joining *a* to *c*, and any  $\bar{p} \in \mathbb{M}^2_{\kappa}$  in the geodesic joining  $\bar{a}$  to  $\bar{c}$  with  $d(a, p) = d(\bar{a}, \bar{p})$ , it holds that  $d(b, p) \ge d(\bar{b}, \bar{p})$  (resp.  $d(b, p) \le d(\bar{b}, \bar{p})$ ).

If such a curvature bound holds, then  $(\mathcal{X}, d)$  is called an **Alexandrov space**.

Thus, triangles in  $\mathfrak{X}$  are thicker (resp. thinner) than their counterparts in  $\mathbb{M}_{\kappa}^2$ . The advantage of this definition is that it can be stated using only the metric (and geodesic) structure of  $\mathfrak{X}$ . For the case when  $\kappa = 0$ , there is another useful reformulation.

**Proposition 1.1.** Let  $(\mathcal{X}, d)$  be a geodesic space. Then,  $(\mathcal{X}, d)$  has Alexandrov curvature bounded below by 0 (resp. bounded above by 0) if and only if the following holds. For any constant-speed geodesic  $(p_t)_{t \in [0,1]}$  in  $\mathcal{X}$ , any  $q \in \mathcal{X}$ , and any  $t \in [0,1]$ ,

$$d(p_t, q)^2 \ge (\text{resp.} \le) (1-t) d(p_0, q)^2 + t d(p_1, q)^2 - t (1-t) d(p_0, p_1)^2$$

We saw in Chapter 1 (see exercises) that  $(\mathcal{P}_{2,ac}(\mathbb{R}^d), W_2)$  has non-negative Alexandrov curvature. One can show that a Riemannian manifold has section curvature bounded by  $\kappa$  if and only if the corresponding Alexandrov curvature bound holds.

Alexandrov curvature bounds enforce enough regularity that a satisfactory infinitesimal theory can be developed for Alexandrov spaces. For instance, one can define the notion of a *tangent cone*<sup>4</sup>, and in the case of the Wasserstein space, its tangent cone coincides with the definition of the tangent space that we gave in Section 1.3; see [AGS08, §12.4] for details.

#### 1.4.2 The Lott-Sturm-Villani theory of synthetic Ricci curvature

If  $(\mathfrak{X}, \mathsf{d})$  is a geodesic space, then  $(\mathcal{P}_2(\mathfrak{X}), W_2)$  is also a geodesic space, which is sufficient to define displacement convexity. Hence, we can work in the setting of metric geometry, together with the additional data of a reference measure  $\pi \in \mathcal{P}(\mathfrak{X})$ . In general, technical issues arise when geodesics on  $\mathfrak{X}$  can "branch" off into multiple geodesics, and so we ought to impose a mild non-branching assumption; however, we will ignore this technicality. We can then formulate the following definition.

**Definition 1.6.** Let  $(\mathfrak{X}, \mathsf{d}, \pi)$  be a metric measure space, where  $(\mathfrak{X}, \mathsf{d})$  is a geodesic space. Then, we say that  $(\mathfrak{X}, \mathsf{d}, \pi)$  satisfies the  $CD(\alpha, \infty)$  condition if for all measures  $\mu_0, \mu_1 \in \mathcal{P}_2(\mathfrak{X})$ , there exists a constant-speed geodesic  $(\mu_t)_{t \in [0,1]}$  joining  $\mu_0$  to  $\mu_1$  with

$$\mathsf{KL}(\mu_t \parallel \pi) \le (1-t) \, \mathsf{KL}(\mu_0 \parallel \pi) + t \, \mathsf{KL}(\mu_1 \parallel \pi) - \frac{\alpha \, t \, (1-t)}{2} \, W_2^2(\mu_0, \mu_1) \,,$$

for all  $t \in [0, 1]$ .

<sup>&</sup>lt;sup>4</sup>In general, this is only a cone and not a vector space, because of the possibility of kinks.

We now pause to discuss the motivation behind the introduction of this definition. Unlike the statement Ric  $\geq \alpha$ , which only makes sense on Riemannian manifolds (and hence requires a smooth structure), the above definition makes sense on a wider class of spaces, including non-smooth spaces. The question of to what extent the concept of curvature makes sense on non-smooth spaces is perhaps an interesting question in its own right, but it also arises even when one is solely interested in smooth Riemannian manifolds. Suppose, for instance, that we have a sequence of Riemannian manifolds  $(\mathcal{M}_k)_{k\in\mathbb{N}}$  that is converging in some sense to a limit space  $\mathcal{M}$ ; what properties of the sequence are preserved in the limit?

If we want to pass to the limit in the condition  $\operatorname{Ric}^{\mathcal{M}_k} \geq \alpha$ , then typically we would need the Ricci curvature tensors  $\operatorname{Ric}^{\mathcal{M}_k}$  to be converging in the limit. Since curvature involves two derivatives of the metric, this holds if the sequence converges in a  $C^2$  sense. However, for some applications, this notion of convergence is too strong. Instead, it is common to work with **Gromov–Hausdorff convergence**, which is based on a notion of distance between metric spaces. More specifically, it metrizes the space<sup>5</sup> of compact metric spaces. Moreover, this notion of convergence is weak enough that it admits a useful compactness theorems.

As a consequence of the compactness theorem, a sequence of Riemannian manifolds  $(\mathcal{M}_k)_{k\in\mathbb{N}}$  with a uniform upper bound on the diameter and a uniform lower bound on the Ricci curvature converges to a limit space  $\mathcal{M}$  in the Gromov–Hausdorff topology. However, in this topology, the space of Riemannian manifolds with diameter  $\leq D$  and with Ric  $\geq \alpha$  is not closed; the limit space  $\mathcal{M}$  is not necessarily a Riemannian manifold. So what then is  $\mathcal{M}$ ? It is a geodesic space, but understanding whether it can be said to satisfy "Ric $^{\mathcal{M}} \geq \alpha$ " requires developing a theory of Ricci curvature lower bounds that makes sense on such spaces.

An analogy is in order. For a function  $f : \mathbb{R}^d \to \mathbb{R}$ , convexity can be described via the Hessian,  $\nabla^2 f \ge 0$ , or via the property

$$f((1-t)x + ty) \le (1-t)f(x) + tf(y),$$
 for all  $x, y \in \mathbb{R}^d$ ,  $t \in [0,1]$ .

The former definition only makes sense for  $C^2$  functions, whereas the latter definition makes sense for any function. The former is called the *analytic* definition, whereas the definition is called *synthetic* definition. Although the analytic definition is often more intuitive, the synthetic definition is more general and more useful for technical arguments. For example, from the synthetic definition is apparent that convexity is preserved under pointwise convergence, whereas from the analytic definition one needs the stronger notion of  $C^2$  convergence.

<sup>&</sup>lt;sup>5</sup>The space of all compact metric spaces is too large to be a set (it is a proper class). However, if we choose one representative from each isometry class of metric spaces, then this is a bona fide set.

From this perspective, the definition of Alexandrov curvature bounds in Section 1.4.1 is the synthetic counterpart to *sectional curvature bounds* from Riemannian geometry. However, as we have already seen, sectional curvature bounds are often too strong for geometric purposes, as we can obtain a wide array of geometric consequences (spectral gap estimates, log-Sobolev and Sobolev inequalities, diameter bounds, volume growth estimates, heat kernel bounds, etc.) from *Ricci curvature lower bounds*. Here, the curvature-dimension condition provides us with **synthetic Ricci curvature lower bounds**.

By deducing geometric facts from the  $CD(\alpha, \infty)$  condition, one shows that spaces satisfying the  $CD(\alpha, \infty)$  condition, despite the lack of smoothness, enjoy many of the good properties shared by Riemannian manifolds satisfying Ric  $\geq \alpha$ . To complete the program described in this section, we should ask whether synthetic Ricci curvature lower bounds are preserved under a weak notion of convergence. The correct notion to consider is an extension of Gromov–Hausdorff convergence to take into account the reference measure, called measured Gromov–Hausdorff convergence.

**Definition 1.7.** Let  $(\mathcal{X}_k, \mathsf{d}_k, \pi_k)_{k \in \mathbb{N}}$  be a sequence of compact metric measure spaces. We say that the sequence converges to  $(\mathcal{X}, \mathsf{d}, \pi)$  in the **measured Gromov–Hausdorff topology** if there is a sequence  $(f_k)_{k \in \mathbb{N}}$  of maps  $f_k : \mathcal{X}_k \to \mathcal{X}$  with:

- 1.  $\sup_{x_k, x'_k \in \mathcal{X}_k} |\mathsf{d}(f_k(x_k), f_k(x'_k)) \mathsf{d}_k(x_k, x'_k)| = o(1);$
- 2.  $\sup_{x \in \mathcal{X}} \inf_{x_k \in \mathcal{X}_k} |\mathsf{d}(f_k(x_k), x)| = o(1);$

3. 
$$(f_k)_{\#}\pi_k \to \pi$$
 weakly.

The following stability result is a key achievement of the theory of synthetic Ricci curvature, arrived at simultaneously by Lott and Villani [LV09] and Sturm [Stu06a; Stu06b].

**Theorem 1.7** (stability of synthetic Ricci curvature bounds). Let  $(\mathfrak{X}_k, \mathsf{d}_k, \pi_k)_{k \in \mathbb{N}} \to (\mathfrak{X}, \mathsf{d}, \pi)$  in the measured Gromov–Hausdorff topology. Let  $\alpha \in \mathbb{R}$  and  $d \ge 1$ . If each  $(\mathfrak{X}_k, \mathsf{d}_k, \pi_k)$  satisfies  $CD(\alpha, d)$ , then so does  $(\mathfrak{X}, \mathsf{d}, \pi)$ .

Note that we have not defined the  $CD(\alpha, d)$  condition for  $d < \infty$  in this context; we refer readers to the original sources for the full treatment.

#### 1.4.3 Discussion

A remark on the settings of the results. Throughout this chapter, we have not been careful to state in what generality the various results hold. Certainly the results hold

on the Euclidean space  $\mathbb{R}^d$ , and with appropriate modifications they continue to hold on weighted Riemannian manifolds.

The results based on optimal transport (e.g., results on transport inequalities) typically hold on general Polish spaces. The theory of synthetic Ricci curvature makes sense on geodesic spaces (with mild regularity conditions).

The results based on Markov semigroup theory only require an abstract space  $\mathcal{X}$  on which there is a Markov semigroup  $(P_t)_{t\geq 0}$  satisfying various properties (e.g., a chain rule for the carré du champ). Although this usually arises from a diffusion on a Riemannian manifold, one can also start with a Dirichlet energy functional on a metric space and develop a theory of non-smooth analysis. See [AGS15] for further discussion on how the two approaches may be reconciled in a quite general setting.

**Comparison between the two approaches.** The discussion thus far has been rather abstract, and it may be difficult to grasp how the two main approaches (Bakry–Émery theory and optimal transport) can capture geometric information such as the curvature. Here, we will briefly provide some intuition for this connection following [Vil09, §14].

Starting with the optimal transport perspective, fix  $x_0 \in \mathcal{M}$  and a mapping  $\nabla \psi$ . For  $t \geq 0$ , let  $x_t := \exp(t \nabla \psi(x_0))$ , and let  $\delta > 0$ . If  $e_1, \ldots, e_d$  be an orthonormal basis of  $T_{x_0}\mathcal{M}$ , in an abuse of notation let  $x_0 + \delta e_i$  denote a point obtained by travelling along a curve emanating from  $x_0$  with velocity  $e_i$  for time  $\delta$ . The points  $(x_0 + \delta e_i)_{i=1}^d$  form the vertices of a parallelepiped  $A_0^{\delta}$ . On the other hand, for t > 0, we can consider pushing the point  $x_0 + \delta e_i$  along the exponential map to obtain a new point  $\exp_{x_0+\delta e_i}(t \nabla \psi(x_0 + \delta e_i))$ . These points form the vertices of a new parallelepiped  $A_t^{\delta}$ .

In terms of measures, let  $\mu_0^{\delta}$  denote the uniform measure on  $A_0^{\delta}$ , and  $\mu_t^{\delta} = \exp(t \nabla \psi)_{\#} \mu_0^{\delta}$ , so that  $\mu_t^{\delta}$  is approximately the uniform measure on  $A_t^{\delta}$ . Then, the displacement convexity of entropy states that

$$\ln \frac{1}{\mathfrak{m}(A_t^{\delta})} \le (1-t) \ln \frac{1}{\mathfrak{m}(A_0^{\delta})} + t \ln \frac{1}{\mathfrak{m}(A_1^{\delta})} + o(1)$$

as  $\delta \searrow 0$ . On the other hand, the infinitesimal change in volume is governed by the Jacobian determinant

$$\frac{\mathfrak{m}(A_t^{\delta})}{\mathfrak{m}(A_0^{\delta})} \to \mathcal{J}(t,x) \coloneqq \det J(t,x),$$

where  $J_i(t, x) \coloneqq \partial_{\delta}|_{\delta=0} \exp_{x_0+\delta e_i}(t \nabla \psi(x_0+\delta e_i))$ . Hence, the displacement convexity yields

$$\ln \mathcal{J}(t,x) \ge (1-t)\ln \mathcal{J}(0,x) + t\ln \mathcal{J}(1,x).$$

$$(1.4)$$

In Euclidean space, we have the formula  $\mathcal{J}(t, x) = |\det(I_d + t \nabla^2 \psi(x))|$ , but the situation is more complicated on a Riemannian manifold because there is also a change of volume due to curvature. To account for this, one can derive an equation for *J*, known as the **Jacobi equation**:

$$\ddot{J}(t,x) + R(t,x) J(t,x) = 0,$$

where  $R(t, x) := \operatorname{Riem}_{x_t}(\dot{x}_t, \cdot, \dot{x}_t, \cdot)$ . By taking the trace and performing some computations, we arrive at

$$\partial_t^2 \mathcal{J}(t,x) = -\|J^{-1}(t,x)\,\dot{J}(t,x)\|_{\mathrm{HS}}^2 - \mathrm{Ric}_{x_t}(\dot{x}_t,\dot{x}_t)\,. \tag{1.5}$$

By comparing (1.4) and (1.5), we now obtain a hint as to how optimal transport captures curvature: displacement convexity of the entropy is related to concavity of the Jacobian determinant, which in turn is tied to Ricci curvature lower bounds.

The calculations above are performed with the Lagrangian description of fluid flows, as they follow a single trajectory  $t \mapsto x_t$ . If we switch to the Eulerian perspective, then we are led to define the vector field  $\nabla \psi_t$  as follows:  $\nabla \psi_t(x)$  is the velocity  $\dot{x}_t$  of the curve  $t \mapsto \exp_x(t \nabla \psi(x))$  at time t. By reformulating the Jacobi equation in the Eulerian perspective, we arrive precisely at the Bochner identity for  $\psi$  which underlies the curvature-dimension condition from the Bakry-Émery perspective. In this sense, the two approaches to curvature are dual.

#### 1.5 Exercises

**Exercise 1.1** (Herbst argument). Consider the Herbst argument from §1.2.2.

- 1. Verify the calculus identity (1.2) in the Herbst argument.
- 2. Suppose that *X* is a real-valued random variable satisfying the following condition: for all  $\lambda \ge 0$ , it holds that

$$\operatorname{var} \exp \frac{\lambda X}{2} \le \frac{\lambda^2 \sigma^2}{4} \mathbb{E} \exp(\lambda X).$$

Let  $\eta(\lambda) \coloneqq \mathbb{E} \exp(\lambda X)$  and deduce an inequality for  $\eta(\lambda)$  in terms of  $\eta(\lambda/2)$ . Solve this recursion to prove that for  $\lambda < 2/\sigma$ ,

$$\mathbb{E}\exp\{\lambda\left(X-\mathbb{E}X\right)\} \leq \frac{2+\lambda\sigma}{2-\lambda\sigma}.$$

3. Prove the Poincaré case of Theorem 1.2.

**Exercise 1.2** (Hoeffding's lemma and Pinsker's inequality). This exercise establishes the equivalence of Pinsker's inequality with a statement about sub-Gaussian concentration.

- Hoeffding's lemma states that for any mean-zero random variable X with values in [a, b] a.s., it holds that X is (b − a)<sup>2</sup>/4-sub-Gaussian. Prove this lemma as follows. For λ ∈ ℝ, let ψ(λ) := ln E exp(λX). Differentiate ψ twice and show that ψ"(λ) can be interpreted as the variance of a random variable under a change of measure and hence ψ"(λ) ≤ (b − a)<sup>2</sup>/4.
- 2. **Pinsker's inequality** states that for any two probability measures  $\mu$  and  $\nu$  on the same space,  $\|\mu \nu\|_{\text{TV}}^2 \leq \frac{1}{2} \text{KL}(\mu \| \nu)$ . Prove this inequality as follows. First, by the data-processing inequality, for any event *A*,

$$\mathsf{KL}(\mu \parallel \nu) \ge \mathsf{KL}((\mathbb{1}_A)_{\#}\mu \parallel (\mathbb{1}_A)_{\#}\nu) = \mathsf{KL}(\mathsf{Bernoulli}(\mu(A)) \parallel \mathsf{Bernoulli}(\nu(A)))$$

Next, for any  $q \in (0, 1)$ , differentiate  $p \mapsto k_q(p) \coloneqq \mathsf{KL}(\mathsf{Bernoulli}(p) || \mathsf{Bernoulli}(q))$ twice to show that  $k_q$  is 4-strongly convex, and deduce that  $k_q(p) \ge 2 |p - q|^2$ . Finally, take the supremum over events *A*.

3. Apply the Bobkov–Götze theorem (Theorem 1.3) to show that Hoeffding's lemma and Pinsker's inequality are equivalent to each other.

**Exercise 1.3** (bounded differences inequality). This exercise establishes a broadly useful concentration inequality.

1. Prove the **Azuma–Hoeffding inequality**: let  $(\mathscr{F}_i)_{i=0}^n$  be a filtration, let  $(\Delta_i)_{i=1}^n$  be a martingale difference sequence (that is,  $\Delta_i$  is  $\mathscr{F}_i$ -measurable and  $\mathbb{E}[\Delta_i | \mathscr{F}_{i-1}] = 0$ ), and assume that for each *i* there exist  $\mathscr{F}_{i-1}$ -measurable random variables  $A_i$  and  $B_i$ such that  $A_i \leq \Delta_i \leq B_i$  a.s. Then,  $\sum_{i=1}^n \Delta_i$  is  $\sum_{i=1}^n ||B_i - A_i||^2_{L^{\infty}(\mathbb{P})}/4$ -sub-Gaussian.

Hint: Apply Hoeffding's lemma from Exercise 1.2 conditionally.

- Use this to prove the **bounded differences inequality**: if X<sub>1</sub>,..., X<sub>n</sub> are independent, then f(X<sub>1</sub>,..., X<sub>n</sub>) E f(X<sub>1</sub>,..., X<sub>n</sub>) is ∑<sup>n</sup><sub>i=1</sub> ||D<sub>i</sub>f||<sup>2</sup><sub>sup</sub>/4-sub-Gaussian.
   *Hint*: Recall the proof of the Efron–Stein inequality.
- 3. Next, apply Marton's tensorization (Theorem 1.1) to Pinsker's inequality from Exercise 1.2 (see Example 1.1) to obtain a transport inequality for the product space  $\mathcal{X}^N$ . Using the Bobkov–Götze equivalence (Theorem 1.3), give a second proof of the bounded differences inequality.

**Exercise 1.4** (a loose end in Gozlan's theorem). Prove the first statement of Lemma 1.3.

**Exercise 1.5** (inequivalence between PI and  $T_1$ ). We show that the Poincaré inequality and the  $T_1$  inequality are incomparable, i.e., one does not necessarily imply the other.

1. Use Theorem 1.4 to provide an example of a measure  $\pi \in \mathcal{P}_1(\mathbb{R}^d)$  which satisfies a  $T_1$  inequality but which does not satisfy a Poincaré inequality.

*Hint*: Explain why a Poincaré inequality necessarily requires the support of the measure to be connected.

2. For the converse direction, let  $\mu$  be the exponential distribution on  $\mathbb{R}$ , so that the density is  $\mu(x) = \exp(-x) \mathbb{1}\{x > 0\}$ . Let  $f : \mathbb{R}_+ \to \mathbb{R}$ ; we may assume that f(0) = 0. Now apply the identity  $f(x)^2 = 2 \int_0^x f(s) f'(s) ds$  to the integral  $\int f^2 d\mu$  and prove that  $\mu$  satisfies PI(4). Explain why  $\mu$  cannot satisfy a T<sub>1</sub> inequality.

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